

Key facts and statistics from the RAND Military Caregivers Study

June 6, 2016 by [Hardy Stone](#)

Who Are Military Caregivers?

A *military caregiver* is a family member, friend, or acquaintance who provides a broad range of care and assistance for, or manages the care of, a current or former military service-member with a disabling physical or mental injury or illness.

Although significant attention has been paid to service-members and veterans with service-related injuries and associated conditions, little is known about the needs of their caregivers or the resources that exist to meet them.

Today, there are millions of caregivers:

6.9 million civilian caregivers

4.4 million Pre-9/11 military caregivers

1.1 million Post-9/11 military caregivers

This study includes empirical analyses of a number of categorical descriptions of caregivers and many comparative tables, including:

Services offered to military caregivers

Medical conditions of care recipients in the United States

Activities of daily living performed by caregivers

Instrumental activities of daily living performed by caregivers

Services provided by caregivers

Health insurance status of caregivers

Depression status and mental health treatment utilization of caregivers

http://www.rand.org/content/dam/rand/pubs/presentations/PT100/PT124/RAND_PT124.pdf

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